

MODERN LUXURY

PHILADELPHIA STYLE

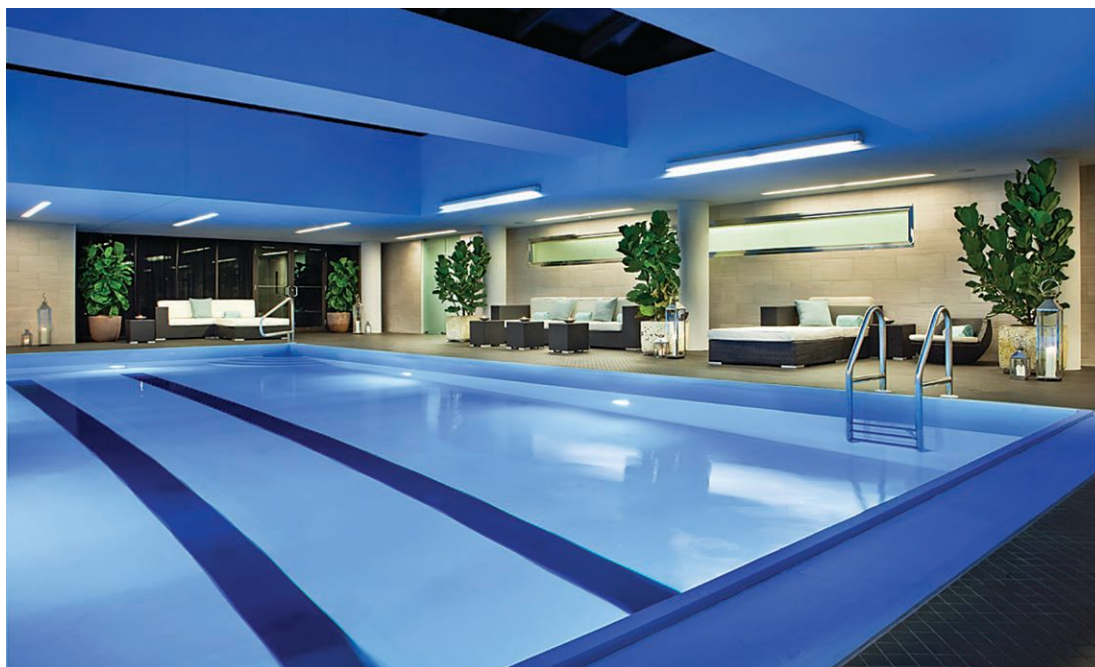
**NEXT
LEVEL**
THE INNOVATORS
POWERING
PHILADELPHIA



WHAT'S
NEW ON THE
MAIN LINE

The Future Is Bright

YARA SHAHIDI
ILLUMINATES THE WAY
FORWARD



After a revitalizing treatment at The Rittenhouse Spa & Club, dip in the salt water pool

SERENE DREAM

Cast off a harsh winter with a strong step into spring and experience renewal at these local spas.

BY DYLAN SHULMAN

1. Adolf Biecker Spa/Salon

An established presence in Philadelphia, the Adolf Biecker Spa/Salon can trace its roots as far back as 1933, and with three locations, you're never far from a top-quality spa and salon experience. Bright, modern light fixtures will illuminate a brand-new you after the full Mini Day of Beauty: a Swedish massage, signature facial, hair styling and manicure. If you need something on the go, the Dual Exfoliation Peel Facial smooths and freshens skin, leaving you positively radiant. *Multiple locations, 215.735.6404, adolfbiecker.com*

2. Body+Beauty Lab

Shaded under black awnings, find the oasis that is Body+Beauty Lab, where treatments are catered to clients' individual needs. Experience the cutting edge of the beauty field, combining medicine, technology and beauty into services ranging from fat-diminishing CoolSculpting and injectables to laser treatments. Not sure where to start? Book a free skin analysis with one of the spa's estheticians to target trouble areas and create a daily regimen so you can feel great both inside and out. *Multiple locations., 215.258.8301, bodyandbeauty.com*

3. Richel D'Ambra Spa + Salon

Step past the towering columns of the striking Ritz-Carlton, Philadelphia to reach an invaluable spa experience, mixing spiritualism and science with beauty and relaxation. Owner Richel D'Ambra has been on the forefront of the industry for decades since opening one of the first day spas in North America during the 1980s. To channel and balance qi life force energy, opt for reiki, a light touch holistic massage that stimulates relaxation. *10 Ave. of the Arts, 215.523.8035, richeldambra.com*

4. Victoria Roggio Beauty

Born from the insightful entrepreneur for which it's named, Victoria Roggio Beauty doesn't stop at just spa services. Peruse an extensive catalog of curated beauty products, manicures and makeup applications at this one-stop shop. With clients from Chelsea Clinton to Bradley Cooper, Victoria Roggio Beauty's attention to individual needs has garnered celebrity status. To hone your inner Hollywood star glow, book the Red Carpet Facial, which combines oxygen infusion, light therapy, diamond microdermabrasion and more to get anyone ready for the spotlight. *219 Cuthbert St., 215.647.2048, victoriaroggiobeauty.com*

5. Spa at Four Seasons Hotel Philadelphia

Ride the elevator to the 57th floor and witness astounding city views while the healing aura of over 700 pounds of crystal embedded in the walls washes over you. Then, savor exclusive features found nowhere else like the Seasons of Chakras Massage that stimulates all the senses with fragrant aromatherapy, featuring seasonal essential oils, holistic massage techniques and crystal singing bowls. *1 N. 19th St., 215.419.5050, fourseasons.com/philadelphia*

6. Spa Toccare

The short trip to Atlantic City is worth a visit to the glamorous and gilded Borgata Hotel Casino & Spa. Inside, Spa Toccare invites peace and wellness with its warm lighting and lush greenery. Check out the Zero Gravity Body Float, a multistage full-body treatment consisting of a scrub, Swiss shower, hydrating or detoxifying serum, oil application and float in an exclusive soft pack. For a more holistic approach, try wellness experiences like Table

Thai Bodywork—invigorating assisted yoga with rhythmic compressions, stretches and breathwork. 1 Borgata Way, Atlantic City, NJ, 609.317.7555, borgata.mgmresorts.com

7. Studio N

For your next facial or injection, step into Studio N, where clients are welcomed with a chic, inviting atmosphere of wood-paneled walls, bubblelike light fixtures and gold accents. An array of treatments and VIP packages set this beauty destination apart—try the Kim K or Kylie injection packages, or the facial Refresher Peel created for rejuvenation and skin durability. If specialized facials and deaging injections don't entice, consider microneedling to promote ageless, more elastic skin. 1040 N. American St., Unit 1101, 267.586.4978, studionphilly.com

8. The Underground Spa & Wellness

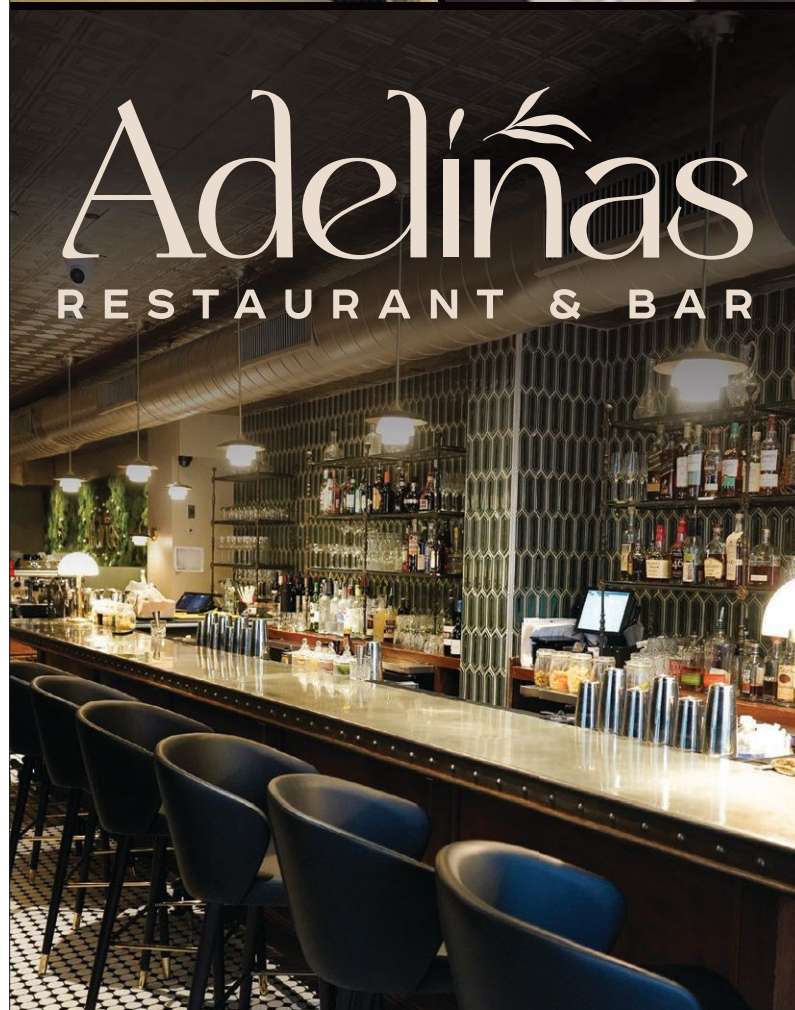
Bordered by fountains and statues, The Logan Philadelphia Hotel keeps a hidden jewel behind the stone facade. The Underground Spa & Wellness is a subterranean oasis for every relaxation need: permeating botanical aromatherapy, group sessions and full spa-day package complete with a glass of wine. In need of stress relief? Request the CBD Quartet—an extravagant two-part massage, wrap and reflexology incorporating CBD-infused oils and balms as natural stress reducers. 1 Logan Square, 215.405.2815, theloganhotel.com

9. The Rittenhouse Spa & Club

Located in The Rittenhouse, this luxurious spa and salon offers an expansive selection of massages, skincare and body treatments to pamper and primp every client to the fullest. Candles light the way as you wander throughout the airy 3,000-square-foot space—take in the peaceful atmosphere while unwinding on plush couches. For those who miss their skin's prewinter dewy glow, book a HydraFacial, MD, which hydrates, refreshes and minimizes lines with LED light therapy. 210 W. Rittenhouse Square, 215.790.2500, therittenhousespaclub.com



Unwind with your other half in The Rittenhouse Spa & Club's couple's massage therapy room.



Adelinās

RESTAURANT & BAR

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